



FPCI MEDICAL NEWS

Volume 2, Issue 3

November 15, 2019

Medical Committee Meetings 2020:

Conference Calls:

- Jan 23 and Jul 30

In Person:

- Apr 16 and Oct 8

Trainings

Past:

Sept 17: Family Planning Update, West Des Moines

The Training Advisory Committee met Nov 6 and are planning next year's training events.

All webinars are recorded and archived on FPCI's website:

www.fpcouncil.com

Introduction by FPCI's Medical Director

Dear Title X Medical Directors: Below you will find the current issue of the Title X Medical Director Newsletter. This includes information about updates to Title X and

changes in personnel at FPCI. The minutes of the October, 2019 FPCI meeting in Iowa City are provided, as well as planned dates for FPCI conference calls and in person meetings during

2020. If you have any questions about the information provided or you have suggestions for what might be included in future newsletters, please let me know. My e-mail address is elle-bowdler@uiowa.edu.

Updates Title X and FPCI

Much to our dismay, the new Title X rules went into affect on July 15, 2019. The new rules made several changes to the adolescent counseling and pregnancy counseling component of the previous requirements, which were discussed in the March 22, 2019 issue. FPCI quickly revised our policies and clinical protocols to comply with these rules and had our subrecipients revise theirs. These changes include:

- Any woman who receives a positive pregnancy test must be referred for prenatal care. Any trained clinical staff may confirm pregnancy and provide basic factual acknowledgement of the options available to clients
- Nondirective pregnancy counseling, including general information regarding pregnancy termination **may** be provided, **only** by physicians and advanced practice providers (ARNPs, CNMs, PAs).
- A list may be provided of

licensed, qualified, comprehensive primary health care providers (including providers of prenatal care), some, but not the majority, of which also provide abortion as part of their comprehensive health care services. Neither the list nor project staff may identify which providers on the list perform abortion.

All adolescents will be encouraged to have family participation in the decision to seek family planning services and ensure that the records maintained document the specific actions taken to encourage such family participation (or the specific reason why such family participation was not encouraged). Adolescents will be screened to rule out victimization of all minors who present with a sexually transmitted disease, pregnancy, or any suspicion of abuse.

Other news: NFPRHA and several others presented

oral arguments against the Health Care Refusal Rule in October. The US District Court for the Southern District of New York struck down this refusal rule in early Nov. Read more about this at NFPRHA.

New Staff at FPCI

Rachel Goss, Executive Director. After her Army discharge, Rachel shifted focus to healthcare. She graduated from the Iowa Hospital Association's Executive Academy for upcoming healthcare executives and has more than a decade of upper management experience in non-profit healthcare.

Angela Taylor, Training Coordinator, has a double major in Sociology and Psychology from North Dakota State University. Angie has worked in healthcare since her graduation in 2006.

Kay Switzer, Outreach Coordinator, graduated in May 2019 from University of Northern Iowa with a BA in Health Promotion and Education and was an intern for EyesOpenIowa.