

# 2023 FAMILY PLANNING UPDATE

*IMPROVING REPRODUCTIVE AND SEXUAL HEALTH FOR ALL*



**WEDNESDAY, MAY 3, 2023**  
**FFA Enrichment Center**  
**1055 SW Prairie Trail Parkway**  
**Ankeny, IA 50023**



**STATE OF IOWA**  
**DEPARTMENT OF**  
**Health**  
**AND**  
**Human**  
**SERVICES**

## **CONFERENCE DESCRIPTION:**

The 2023 Family Planning Update will serve to inform, educate and support the efforts of health professionals who provide high quality family planning programs and services to lowans in a culturally appropriate and client focused manner.

The Family Planning Council of Iowa and the Iowa Department of Health and Human Services are planning partners for the family planning update. This Conference is supported by the Office of Population Affairs of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$3,773,400.00 with 70% funded by the Office of Population Affairs/OASH/HHS and \$969,436.00 and 30% funded by non-government source. The contents are those of the author and do not necessarily represent the official views of, nor an endorsement, by Office of Population Affairs/OASH/HHS, or the U.S. Government. For more information, please visit the Office of Population Affairs website.

## **REGISTRATION:**

Online Registration: [2023 Update Registration](#)

## **FEES:**

All attendees:	\$75.00
Nursing Continuing Education:	\$15.00

Registration Deadline: April 28, 2023. Cancellations and substitutions will be honored UP TO THREE (3) BUSINESS DAYS before conference commencement. Thereafter, the amount of registration fee minus a program fee will be returned to the payee. FPCI reserves the right to cancel this program if registration fails to draw a minimum number of participants by the registration deadline. In such an event, all registered participants will be notified by email or telephone. Prepaid registrants will receive an automatic refund.

## **NURSING CONTINUING EDUCATION:**

The Family Planning Council of Iowa is IA Board of Nursing Approved provider, No. 262. Upon completion of this program participants will be awarded 5.5 contact hours. The IBON requires that participants attend in full for continuing education credit. Partial credit may be awarded in extreme

## **CONFERENCE OBJECTIVES:**

### **Participants will be able to:**

1. Identify the leading causes of maternal morbidity and mortality in Iowa.
2. Describe recent trends for STIs in Iowa, including syphilis, gonorrhea and chlamydia.
3. Identify Intimate Partner Violence as Public Health Issues.
4. Identify clients who could benefit from Emergency Contraception.
5. List currently available forms of PrEP and differentiate between them.
6. Discuss strategies for marketing Title X services in communities.
7. Learn two best practices for health equity integration into family planning.

## **TARGET AUDIENCE:**

Administrators, Nurses, Nurse Practitioners, PA's Counselors, Educators and all other professionals who work in family Planning.

## **ACCESSIBILITY:**

In the spirit of the Americans with Disability Act (ADA), the planners would like to make every effort to accommodate participants with special needs. Please contact us if you have a specific need.

## **ACCOMMODATIONS:**

The conference will be held at FFA Enrichment Center, 1055 SW Prairie Trail Parkway, Ankeny, IA 50023, (515)965-7372.

Hotel: Comfort Inn and Suites, 215 NE Delaware, Ankeny, IA (515)965-8400 (When calling to reserve room, mention Michelle Farmer. The rate will be \$119.67 including tax)

## **QUESTIONS:**

If you have any questions about the conference, please contact Michelle Farmer at (515) 288-9028 or email at [assistant@fpcouncil.com](mailto:assistant@fpcouncil.com) with "2023 Update" in the Subject Line.

# 2023 Family Planning Update:

## Improving Reproductive and Sexual Health for All

### AGENDA:

- 9:00 - 9:30 Registration
- 9:30 - 9:45 Welcome Message/Housekeeping  
FPCI/State of Iowa HHS
- 9:45 - 10:45 **Maternal Mortality**  
Steph Trusty RN, BSN
- OBJECTIVES:
- Identify the leading causes of maternal morbidity in Iowa.
  - Describe 3 recommendations from Iowa's Maternal Mortality Review Committee to reduce preventable deaths.
  - Describe urgent maternal warning signs and tools that can help you support and educate postpartum patients to recognize and respond to these life threatening emergencies.
- 10:45 - 11:00 Break
- 11:00 - 11:45 STI Update  
George Walton, MPH, MLS(ASCP)<sup>CM</sup>
- OBJECTIVES:
- Describe recent trends for STIs in Iowa, including syphilis, gonorrhea, and chlamydia.
  - Describe increases in syphilis among populations where in recent history it has been less common with an emphasis on women and congenital syphilis.
  - Discuss less well known STIs, including *Mycoplasma genitalium*, and their clinical significance and associated recommendations.

11:45 - 12:15 Break/Grab Lunch

12:15 - 1:15

**Lunch**

Intimate Partner Violence

Monica Goedken/Nafla Poff-Dainty

OBJECTIVES:

- Identify intimate Partner Violence as Public Health Issues.
- Understand how to administer the CUEs intervention within a clinic setting; through policy, practice, or protocol improvement.
- Understand how to introduce safety cards with patients in a trauma-informed manner.

1:15 - 1:30

Break

1:30 - 2:15

**BREAKOUT SESSIONS:**

PrEParing to Prescribe

Seth Owens/Kathy Dooley

OBJECTIVES:

- List currently available forms of PrEP and differentiate between them.
- Communicate how the Affordable Care act (ACA) establishes access to preventive services without cost-sharing.
- Help clients determine if PrEP would work for them and discuss other HIV prevention strategies.

Emergency Contraceptive Options

Ann Wolf, WHNP-C

OBJECTIVES:

- Identify clients who could benefit from Emergency Contraception.
- Identify two types of Emergency Contraception available to clients.
- Identify the time frame in which Emergency Contraception is most effective.

Marketing and Outreach Networking (males, adolescents)  
Subrecipient Network

OBJECTIVES:

- Participants will discuss strategies for marketing Title X services in communities.
- Participants will discuss strategies for increasing the number of males served in Title X clinics.
- Participants will discuss strategies for improving the quality of adolescent services in Title X clinics.

2:15 - 2:45                      Break/Yoga/Snack

2:45 - 3:45                      Health Equity in Title X Panel  
   Oliveah Walker, Health Equity Coordinator

OBJECTIVES:

- Participants will learn two best practices for health equity integration into family planning.
- Discuss how to integrate cultural humility into practice
- Highlight a success story from a current Title X subrecipient.

3:45 - 4:00                      Closing/Dismissal