

FACT SHEET

FAMILY PLANNING COUNCIL OF IOWA

FPCI Background

The Family Council of Iowa is a non-profit organization that aims to educate and promote reproductive wellness. Each year, we receive a grant known as Title X to achieve our goal of aiding Iowans in accessing reproductive health care. FPCI works closely with its 14 partnered clinics to ensure our patients receive the reproductive health and family planning services they need. In 2022, FPCI saw over 15,278 patients: an 8000 increase from the previous year.

Outcomes and Cost Savings

The average cost of childbirth in the state of Iowa is roughly \$10,938. With the contraceptive and family planning services we provide, we can prevent unplanned pregnancy thus cutting down on public health care spending. FPCI has calculated its cost savings and we found the following:

2022 Outcomes	
Unintended pregnancies prevented	2,800
Abortions prevented	950
Miscarriages prevented	530
Chlamydia infections prevented	200
Gonorrhea infections prevented	30
PID cases prevented	20
2022 Cost Savings	
Maternal and birth-related gross costs saved from contraceptive services provided	\$19,846,790
Miscarriage and ectopic pregnancy gross costs saved	\$640,820
Gross costs saved from STI testing	\$92,150
Gross costs saved from Pap and HPV testing and vaccinations	\$13,920
Total gross savings	\$20,593,680
Total family planning costs	\$2,850,050
Total net savings	\$17,743,640

Spending \$2.85 Million resulted in **\$17.7 Million in net savings**

Nationwide Quick Facts

There are over 3200 Title X funded clinics nationwide and **1.7 million patients** were seen in 2021

In the state of Iowa, **74%** of women who could become pregnant are using contraceptives

Every \$1 invested in publicly funded family planning services **saves \$4.83** in Medicaid expenditures that would have been used for pregnancy related costs (2016, Guttmacher).

Our Clinics

Community Health Care, Inc.

1510 E. Rusholme Street Davenport, IA 52803

Crescent Community Health Center

1690 Elm Street, Suite 300 Dubuque, Iowa 52001

Great River Health System - Family Planning of Southeast Iowa

801 South Roosevelt, Suite C Burlington, Iowa 52601

Planned Parenthood - Rosenfield Health Center

1000 East Army Post Road Des Moines, Iowa 50315

Planned Parenthood - Susan Knapp Health Center

2304 University Avenue Des Moines, Iowa 50311

Planned Parenthood - Urbandale Health Center

3303 109th Street Urbandale, Iowa 50322

Planned Parenthood - Sioux City Health Center

4409 Stone Avenue Sioux City, Iowa 51106

Planned Parenthood - Council Bluffs Health Center

1604 2nd Avenue Council Bluffs, Iowa 51501

Planned Parenthood - Iowa City Center

850 Orchard Street Iowa City, Iowa 52246

Primary Health Care, Inc.

101 Iowa Avenue West, Suite 102 Marshalltown, Iowa 50158

Primary Health Care, Inc.

3510 Lincoln Way Ames, Iowa 50014

Siouxland Community Health Center

1021 Nebraska Street Sioux City, Iowa 51105

Trinity Muscatine Public Health

1609 Cedar Street Muscatine, Iowa 52761

Women's Health Services

229 South Main Maquoketa, Iowa 52060

Clinical Services Include:

- » Contraceptive information and products
- » Health screenings
 - » cervical
 - » breast
 - » testicular
- » Wellness exams including birth control exams
- » STI screening/treatments
- » HIV testing and referral
- » Basic infertility services
- » Pregnancy counseling
- » Referrals to other health and social services