

What is “EC”?

- ↳ EC
- ↳ Emergency contraception pill
- ↳ The morning-after pill
- ↳ Plan B®

All these names refer to the same reproductive health tool

Facts about EC

- >EC reduces the chance of pregnancy:
 - >after unprotected vaginal intercourse
 - >when another contraceptive method is suspected of failing
 - >following sexual assault
- >EC prevents pregnancy **before** it occurs
- >EC can be used within **5 days after unprotected sex** to prevent pregnancy but is most effective within the first 24 hours
- >EC will **not** end an existing pregnancy
- >EC does **not** work if pregnancy has already occurred
- >EC will **not** harm an existing pregnancy
- >EC is **not** the abortion pill



Considerations

Progestin-only EC pills (like Plan B® and the EC in our Repro Kits) may be less effective at preventing pregnancy in people over 195 lbs.

IUDs (intrauterine devices) are another kind of emergency contraceptive method that are effective when placed within 5 days after unprotected sex.

IUDs are highly effective regardless of body weight.

Scan the QR code to request a free reproductive kit which contains EC

