



# **FY2023 Impact Report**

October 2023



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# Letter from Leadership

We are pleased to share the FY2023 Impact Report for the Family Planning Council of Iowa. This year has been marked by both challenges and achievements, and we are proud to review the progress we have made in our mission to empower individuals and communities to make informed decisions about their sexual and reproductive health.

The Family Planning Council of Iowa is dedicated to promoting access to comprehensive family planning services, reducing unintended pregnancies, and improving the overall health and well-being of the people of Iowa, regardless of identity or ability to pay. In FY2023, we continued to work tirelessly to fulfill our mission, even in the face of unique challenges brought on in the wake of the COVID pandemic, the Dobbs decision, and state legislative priorities.

Some highlights include:

- **Partnership:** Planned Parenthood North Central States rejoined our network and began seeing patients at five clinic locations across the state. They saw over 8,000 unique clients, making up 50% of our total Title X volume.
- **Innovation:** FPCI's centralized data system is now fully operational, with all subrecipients submitting encounter-level data on a monthly basis. We review this data and discuss opportunities for improvement with each delegate agency.
- **Access:** Reproductive health kits, modeled after Every Body Texas's project, were assembled for distribution at our clinics across the state. The kits include pregnancy tests, condoms, lube, emergency contraceptive pills, and a guide to navigating sexual and reproductive health resources in Iowa. About 1,400 kits were provided across our 14 sites; subrecipient staff passed them out to clients as part of project promotion at their clinics, local health fairs, and other community events.

Looking ahead to FY2024, our strategic priorities include:

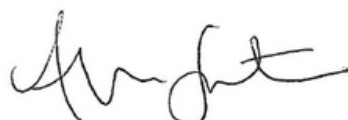
1. **Expanding access** to family planning services in underserved communities, especially rural areas and western Iowa
2. **Strengthening our advocacy efforts** to support policies that protect and enhance access to sexual and reproductive health services, including postpartum Medicaid expansion and pharmacist-prescribed birth control
3. **Continuing to adapt** to the evolving healthcare landscape to ensure the safety and well-being of our clients, subrecipients, and staff, with the help of two new team members, Dr. Tara Shochet and Amy Zine

We would like to extend our heartfelt gratitude to our dedicated staff, Board, subrecipient clinics, partners, donors, and supporters who have been instrumental in helping us achieve our goals. Your unwavering commitment to our cause is deeply appreciated. Because of your hard work and dedication, we have been able to make a difference in the lives of so many Iowans.

Sincerely,



**Adam Stark**, Board President



**Allison Smith**, Executive Director

# Mission

**The purpose of the Family Planning Council of Iowa is to provide quality reproductive health care and family planning services to all people in Iowa who desire such services.**

# Vision

**We envision an Iowa where sexual health results from responsible decision-making and access to care for all who seek it. FPCI is committed to seeing this through in all of our efforts.**

## **We accomplish this vision through:**

**Building a positive community climate** toward family planning, including adequate funding, with services included in managed care plans as essential community health services.

**Supporting an internalized understanding and appreciation of sexual health** for individuals and communities, leading to informed decisions on reproductive health care.

**Encouraging family planning and education** as effective ways to both achieve pregnancy and break the cycle of unintended pregnancy, infant mortality, child abuse, and neglect.

**Promoting healthy sexual relationships** by encouraging communication between family members and sexual partners and preventing and treating sexually transmitted diseases and their health effects.

# Board of Directors

## FY2023

**Adam Stark**

President

Associate Director at the  
Iowa Coalition Against  
Domestic Violence

**Kimberly Hope**

Vice President

Program Coordinator,  
Iowa State University

**Eric Nemmers**

Secretary

Vice President and  
General Counsel,  
Wellabe

**Chloe Butler**

Treasurer

Pediatrician,  
Mercy One

**Hannah Ellis  
Ackerman**

Care Coordinator,  
Family Resources

**Mary Salazar**

Associate Principal,  
Des Moines East  
High School

**Kelsey  
Willardson**

Agriculture Policy  
Associate, The Center for  
Rural Affairs

# Staff



**Allison Smith,**  
**Executive Director**  
asmith@fpcouncil.com



**Michelle Farmer,**  
**Administrative Assistant**  
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**Sue Walter,**  
**Accounting and HR Manager**  
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**Colleen Bornmueller,**  
**Community-Based Screening  
Services Coordinator**  
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# Our Services

## Title X Program



- Contraceptive information and products
- Health screenings
  - Cervical
  - Breast
  - Testicular
- Wellness exams, including birth control
- STI screening/treatments
- HIV testing and referral
- Basic infertility services
- Pregnancy counseling
- Referrals to other health and social services

## Community-Based Screening Services



- STI testing (chlamydia and gonorrhea)
- STI treatment
- Education on STIs, prevention, and treatment

## Education & Advocacy



- Public education on reproductive health care
- Resource support for clinic-sponsored community education programs
- Public health education materials and parent-child discussion starters
- Public advocacy on health issues

## Professional Training



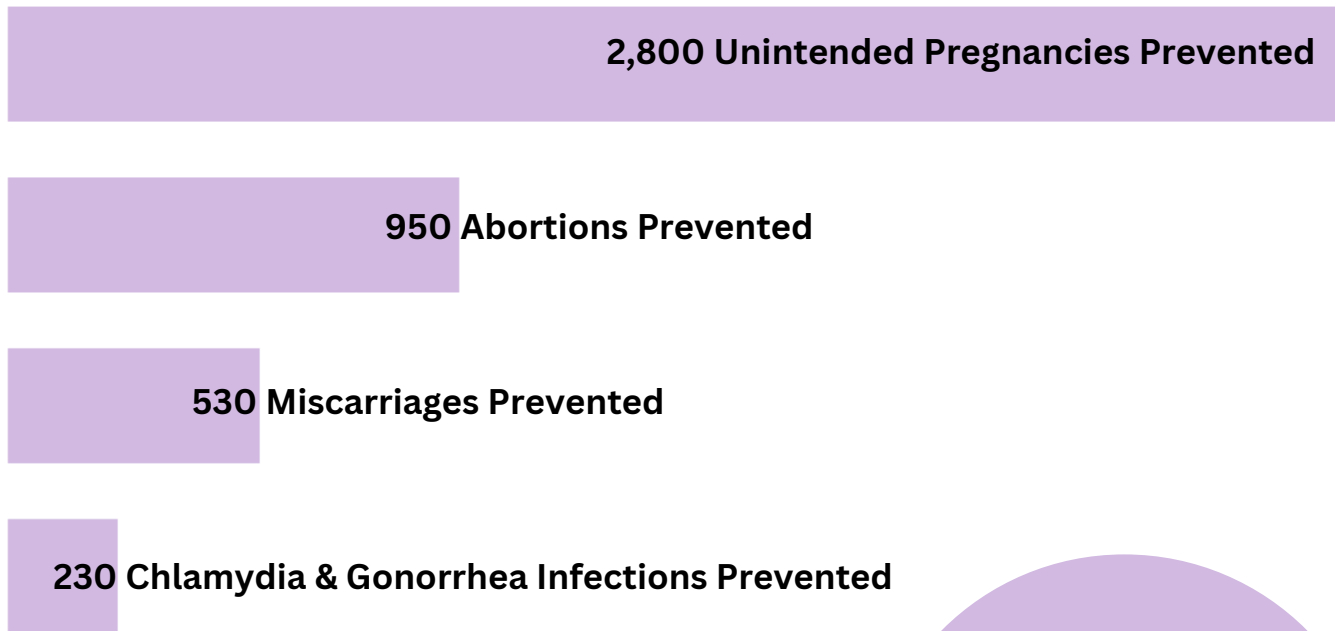
- Statewide conferences and workshops on sexual and reproductive health issues
- Approved provider of Iowa Board of Nursing continuing education credits



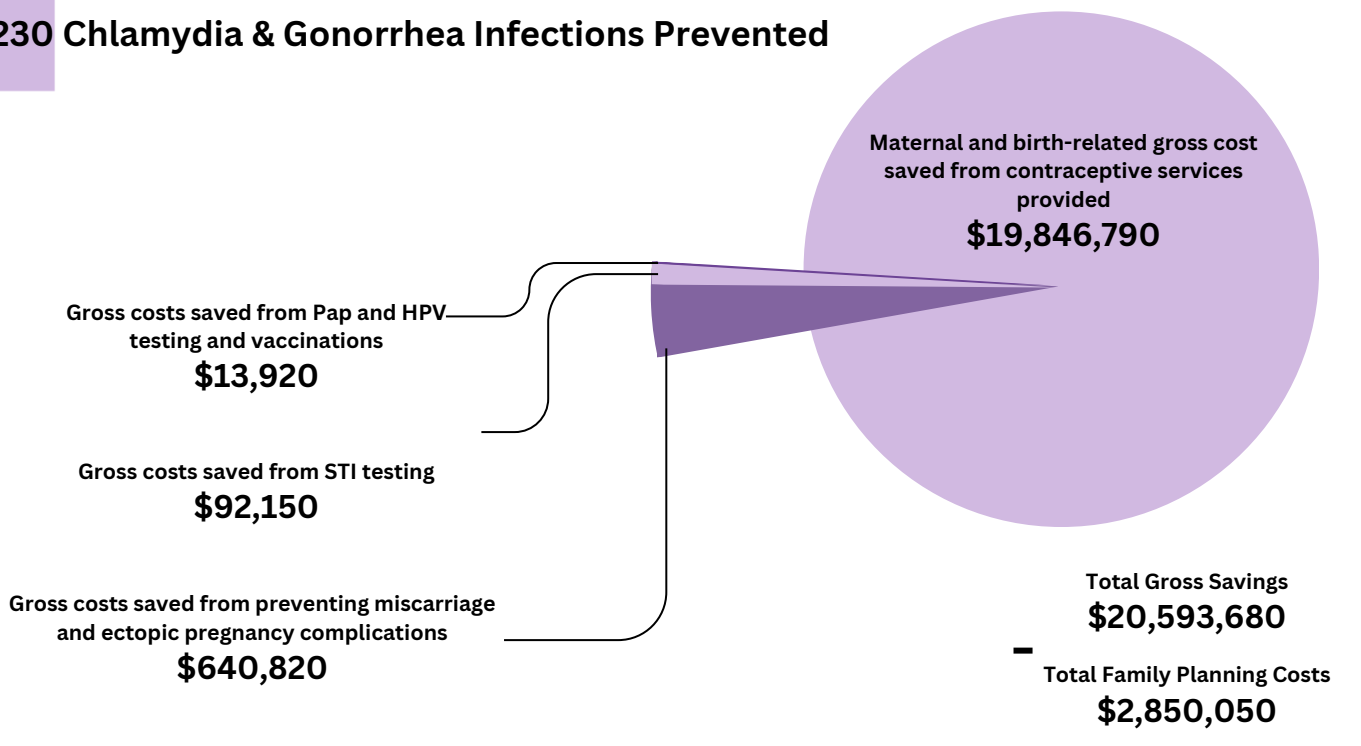
# Outcomes and Cost Savings

The average cost of childbirth in the state of Iowa is roughly \$10,938. With the contraceptive and family planning services we provide, we can prevent unplanned pregnancy thus cutting down on public health care spending. FPCI has calculated its cost savings and found the following:

## Outcomes



## Cost Savings

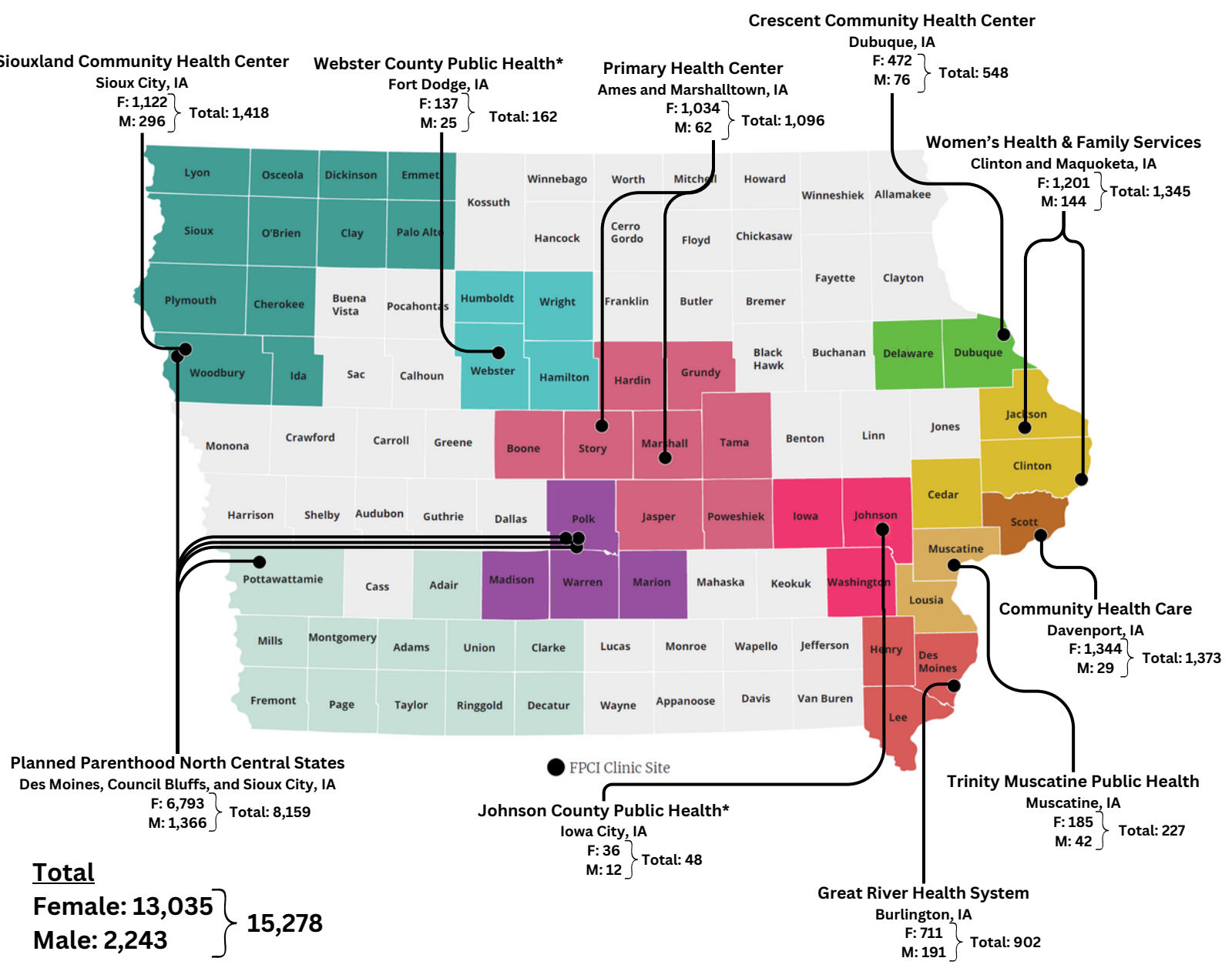


**Total Net Savings: \$17,743,630**



# Total Clients Served

Calendar Year 2022 Family Planning Annual Report (FPAR) Data

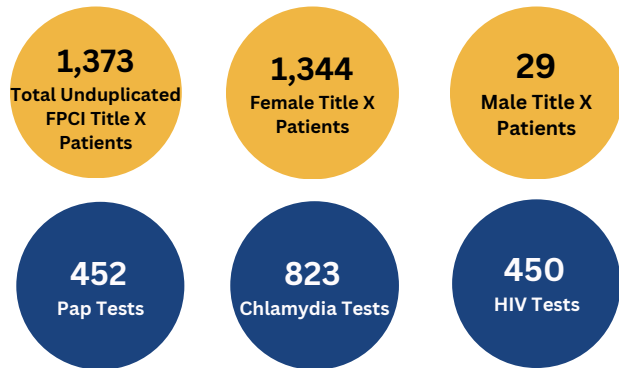


Total Title X Amount Funded: \$1,697,849.85

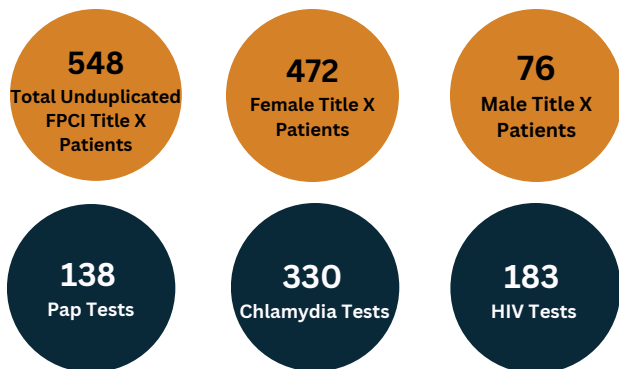
**\*Stopped providing services March 31, 2022**  
Note that Female and Male categories are required classifications for the Federal Family Planning Annual Report; FPCI acknowledges not everyone may identify as one of these options.



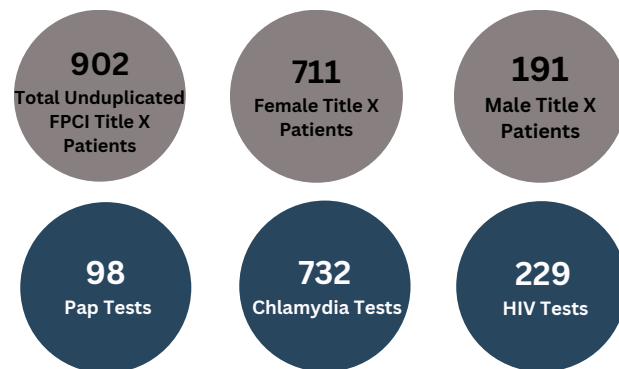
## Community Health Center



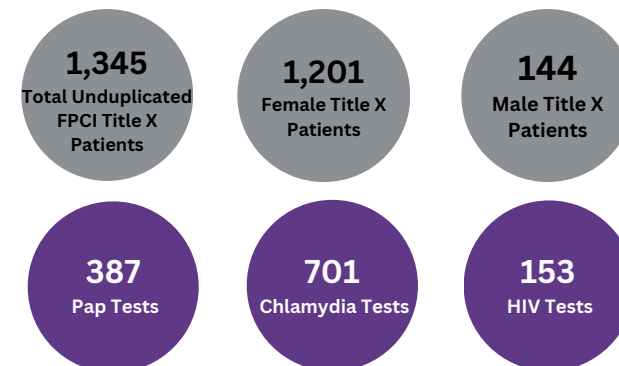
## Crescent Community Health Center



## Siouxland Community Health Center



## Trinity Muscatine Public Health



## Primary Health Care, Inc



**1,096**  
Total Unduplicated  
FPCI Title X  
Patients

**1,034**  
Female Title X  
Patients

**62**  
Male Title X  
Patients

**285**  
Pap Tests

**497**  
Chlamydia Tests

**133**  
HIV Tests

## Planned Parenthood



**8,159**  
Total Unduplicated  
FPCI Title X  
Patients

**6,793**  
Female Title X  
Patients

**1,366**  
Male Title X  
Patients

**724**  
Pap Tests

**4,605**  
Chlamydia Tests

**3,435**  
HIV Tests

## Siouxland Community Health Center



**1,418**  
Total Unduplicated  
FPCI Title X  
Patients

**1,122**  
Female Title X  
Patients

**296**  
Male Title X  
Patients

**154**  
Pap Tests

**1,011**  
Chlamydia Tests

**836**  
HIV Tests

## Trinity Muscatine Public Health



**UnityPoint Health**  
Trinity Muscatine

**227**  
Total Unduplicated  
FPCI Title X  
Patients

**185**  
Female Title X  
Patients

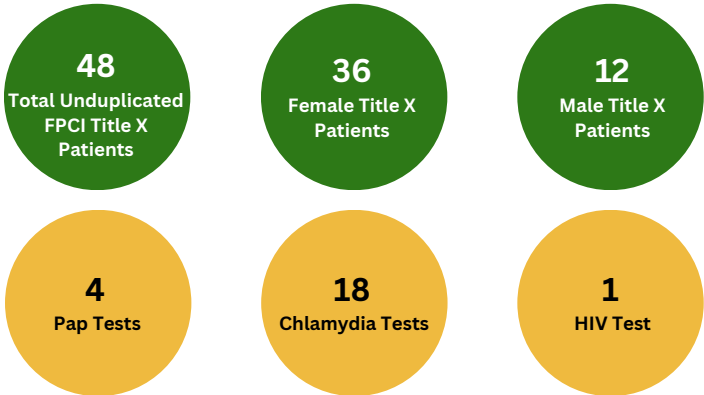
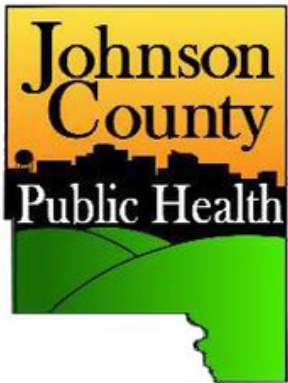
**42**  
Male Title X  
Patients

**86**  
Pap Tests

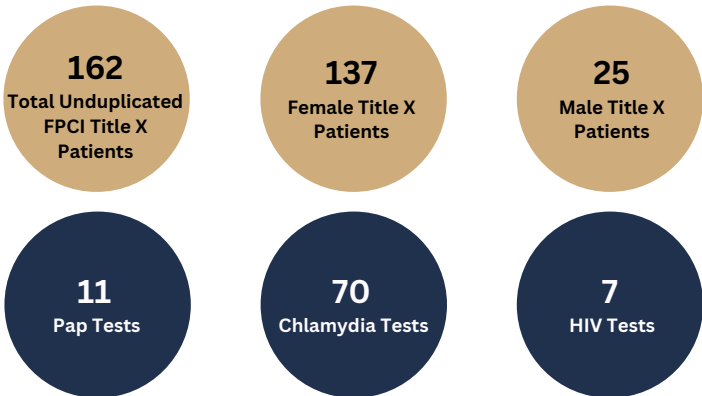
**157**  
Chlamydia Tests

**7**  
HIV Tests

# Johnson County Public Health\*



# Webster County Health Department\*

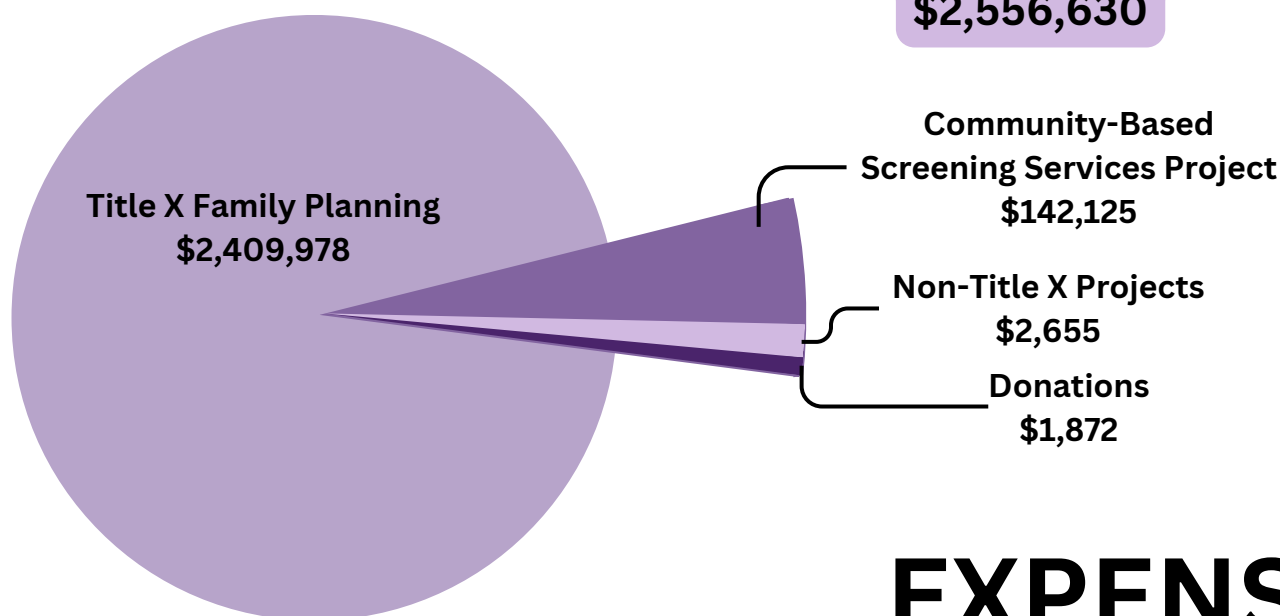


**\*These clinics have lower numbers because they were not providing services for all of 2022. Both subrecipients left the network at the end of March, 2022.**

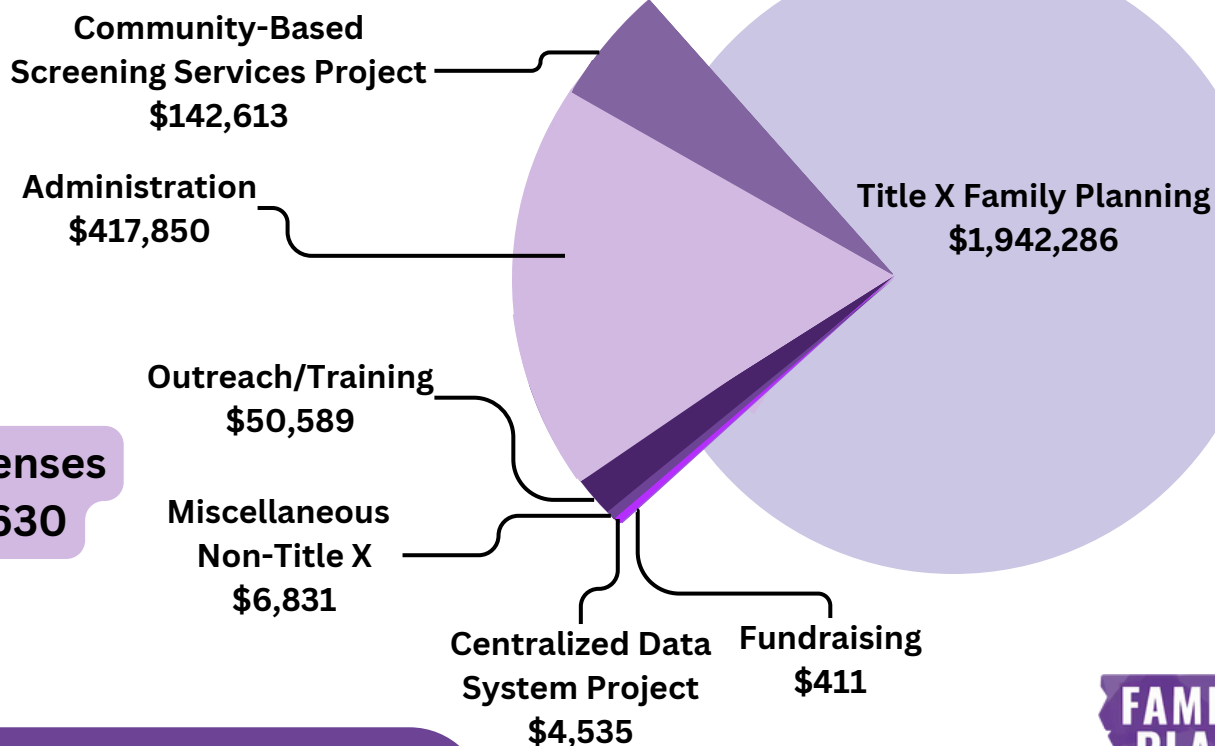
# Financial Information

## INCOME

**Total Income**  
**\$2,556,630**



## EXPENSES



**Total Expenses**  
**\$2,556,630**

# Looking Ahead

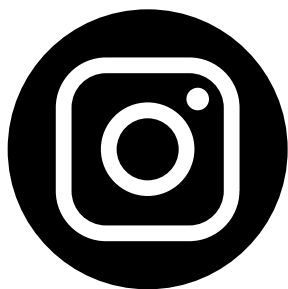
**FPCI is always looking for new ways to support Iowa communities. In FY2024, we have started sending repro kits to anyone with an Iowa address through a request form on our website for FREE! They include condoms, lube, emergency contraceptive pills, and educational material.**



# **Stay connected with FPCL:**

**fpcouncil.org**

**@FPCLowa**



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