



# The FPCI Forecast



We're back! The Family Planning Council hasn't sent out a newsletter in a while, and we are happy to share some exciting updates from our organization. Please forward to others who may be interested in sexual and reproductive healthcare in Iowa!

## Reproductive Health Kits

So far, FPCI has distributed over 2,000 reproductive health kits for free! We've been busy filling online orders, passing them out at conferences and events, and partnering with colleges to get them onto campuses. Scan and share the QR code to order one today!



[More Info](#)

## Thank you to our Summer Interns!

This summer FPCI hired three summer interns: Soemeh Par, Kelsey Wolfe, and Laito Zarkpah. Our amazing interns worked hard on our social media posts, website updates, repro kits, data analysis, flyers and fact sheets, and many other projects. We were sad to see them go and wish them all the best in their future endeavors!



## Community Events

In August, Allison and Sue (above) represented FPCI at the Black Women's Health Conference while Amy and Michelle (right) tabled at the Iowa Harm Reduction Coalition's contraceptive drive. FPCI left its mark at both events by distributing information and over 60 repro kits and emergency contraceptive pills.



# New Hires



**Dr. Tara Shochet**  
Director of Programs and Grants

Tara Shochet, PhD MPH, comes to FPCI with over 20 years of experience in program management and evaluation in the fields of reproductive and maternal health. She is very excited to join the FPCI team and to focus her energies on improving access to sexual and reproductive health care here in Iowa. In her free time, Tara can be found baking, walking her dog, and helping with local get-out-the-vote efforts.



**Amy Zine**  
Outreach & Program Specialist

Amy graduated from The University of Iowa with a BA in Biology and a BS in Medical Anthropology. She is super excited to join the FPCI team and work to increase access to reproductive health care. When she's not at work, Amy enjoys being outside, watching movies, and spending time with her friends and her brand new kitten, Booger.

## Upcoming Events

**National Clinical  
Reproductive Health  
Conference**  
September 11-13

[Learn More](#)

**Onelowa's LGBTQ  
Health & Wellness  
Conference**  
September 26-27

[Learn More](#)

**Iowa Rural Health  
Association Annual  
Conference**  
October 18

[Learn More](#)



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