



Quarterly Medical Committee Meeting Agenda

Thursday, January 11, 2024, 9am-12pm, [Virtual](#)

- I. **Call to Order, Introductions, and Icebreaker**
- II. **Approval of October 2023 Minutes**
- III. **Invited Guest: Keele Moore, [Medicines 360](#)**
- IV. **FPCI Updates**
 - a. Questions/follow-up from Contraceptive Update 12/12/23
 - b. Save the Date: June 4, 2024 – FPCI & Iowa DHHS Title X Reproductive Health Conference
 - i. FFA Enrichment Center, Ankeny, IA
 - ii. Topics tentatively include adolescent care, managing LARC side-effects, PEP & PrEP, LGBTQ care, confidentiality considerations, and SFPP
 - c. Additional Training Requests?
 - d. Reproductive health kits/emergency contraception
 - e. QA/QI Project: Chlamydia Screening
 - f. Provider recruitment/staffing
 - g. Depo shortages + self-administration options; standing orders in place?
 - h. Epic & Confidentiality
 - i. Protocol Update: Grantee standards to be approved at the April 2024 meeting
 - j. Network update: Fort Dodge and Council Bluffs areas
 - k. [State Family Planning Program poster](#) for clinic display
 - l. [FPCI Legislative Update & Priorities](#)
- V. **Roundtable, Old/New Business**

Potential topics: data, telehealth, confidentiality, STI screening, etc.
- VI. **Upcoming Events**
 - a. 1/11, 6-7pm Virtual/Des Moines: [Legislative Session 101](#)
 - b. 1/22-23 All Day: [Iowa Community Health Conference](#) (FQHCs)
 - c. 1/29, 11am-12pm Virtual: [Recognizing Human Trafficking in Healthcare Settings](#)
 - d. 2/12-14 All Day: [NFPRHA Winter Seasonal Meeting](#)
 - e. 3/26-27 All Day: [Public Health Conference of Iowa](#)
 - f. 4/30-5/1 All Day: [Iowa Child Abuse Prevention Conference](#)
 - g. 5/19-22 All Day: NFPRHA Annual Conference
 - h. 6/4 All Day: FPCI & DHHS Reproductive Health Conference, registration coming soon
 - i. 9/10-13 All Day: [CTC-SRH National Reproductive Health Conference](#) for Title X clinicians
- VII. **Adjourn**

**FAMILY PLANNING COUNCIL OF IOWA
MEDICAL COMMITTEE MEETING MINUTES
THURSDAY OCTOBER 12, 2023**

Present: Noelle Bowdler, MD, FPCI Medical Director
Tracy Menter, LPN, PHC Carrie Helmick, GRHS
Cyndee Wildemuth, ARNP, WHS Rebecca Kerby, Trinity
Ann Weltin, Crescent CHC Heather Montgomery, WHS
Ashlee Misiag, CHC Stacy Ervin, SLCH
Shannon Bakshian, PPHL Rikki Hetzler
Noreen Janson

Staff: Allison Smith Michelle Farmer
Tara Shochet Sue Walter Amy Zine

I. Call to order

The meeting was called to order at 9:03 a.m. by Dr. Bowdler.

II. Introductions

The Committee members introduced themselves and answered the icebreaker question.

III. Approval of Minutes July 2023

The motion was given by Cyndee Wildemuth to approve the July 2023 minutes. Carrie Helmick seconded. M/P/U

IV. Noreen Janson-Organon

Noreen Janson spoke about Organon's products and efforts to increase access and affordability of Nexplanon contraceptive implants.

IV. Title X

Allison Smith gave an update on the office relocation: FPCI is moving to West Des Moines.

Allison Smith gave an update on the Repro Kit project. Ms. Smith reported that the project has expanded into colleges across the state. Ms. Smith told the group that kits are always available to them if they let FPCI know.

Allison Smith shared resources from the National Coalition of STD Directors related to Doxy as STI PEP, and there was discussion of clinic protocols.

Allison Smith reminded medical directors of the State Family Planning Program (SFPP) that can help many patients afford contraceptives. The enrollment has been down recently because of the Medicaid extended eligibility requirement post-COVID, however it expired in May. The SFPP is a good safety net for those no longer eligible for Medicaid.

V. Training

Allison Smith shared some recent and upcoming training opportunities. The CBSS update training was yesterday; some attendees participated. Information on Syphilis Outbreak Lunch & Learn and IUD placement and removal training was provided.

VI. QA/QI Project Discussion

Chlamydia rates by agency were reviewed. A reminder that there are RHNTC resources available to support training and best practices for STI screening. FPCI recommends clinics utilize an opt-out rather than an opt-in process for all, but especially female clients younger than 25 years old.

VII. Old Business

There was no old business.

VIII. New Business

There was no new business.

IX. Agency Round Table

Subrecipients discussed challenges and opportunities with their service sites including provide recruitment and retention, data, the transition to a new EHR system, and ensuring client confidentiality.

Dr. Bowdler mentioned that the committee decided to have one in-person meeting in April and the rest by Zoom. A FPCI staff member will send out a Doodle request for the April meeting.

X. Adjourn

Dr. Bowdler thanked the group and adjourned the meeting at 10:48 a.m.

Minutes submitted by Michelle Farmer