

2023 Fact Sheet



About FPCI

The Family Planning Council of Iowa (FPCI) is a private nonprofit organization that aims to provide access to quality reproductive healthcare and family planning services for all. We accomplish this through:

- Delegation of federal Title X (ten) funds to clinics across the state that provide care locally,
- Education and training for nurses, family planning health centers, and the public,
- Distribution of reproductive health supplies, resources, and information, and
- Advocacy at the local, state, and federal levels for increased affordability and accessibility of sexual and reproductive healthcare.

Outcomes and Cost Savings

In 2023, FPCI's network of health centers saw about 21,500 unique clients at nearly 33,000 family planning visits.

Publicly funded family planning services help prevent unplanned pregnancies, STIs and resulting future infertility, and certain kinds of cancer caused by human papillomavirus (HPV), including cancers of the mouth and throat, cervix, vulva, vagina, penis, and anus. The estimated impact of FPCI's network includes:

Clinic Locations

Ames
Burlington
Clinton
Davenport
Des Moines
Dubuque
Iowa City
Maquoketa
Marshalltown
Muscatine
Sioux City (2)
Urbandale

2023 Outcomes	
Unintended pregnancies prevented	3,810
Abortions prevented	1,290
Miscarriages prevented	730
STIs prevented	390
2023 Cost Savings	
Maternal and birth-related gross costs saved from contraceptive services provided	\$27,071,500
Miscarriage and ectopic pregnancy gross costs saved	\$874,000
Gross costs saved from STI testing	\$155,500
Total Gross Savings	\$28,101,000
Total Family Planning Costs	\$3,887,500
Total Net Savings	\$24,213,500



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2022 Nationwide Fast Facts (most recent data available):

- In 2022, there were 91 family planning agencies delivering Title X services at more than 4,100 service sites.
- 2.6 million unique family planning clients were served, an increase of nearly 1 million from 2021.
- 86% were female and 56% were younger than age 30; 31% did not have health insurance.
- 60% had household incomes at or below the federal poverty guideline (\$27,750 for a household of four) and received services for no charge.
- Title X projects rely on additional revenue from a mix of public and private sources: Medicaid and the Children's Health Insurance Program (CHIP), private third-party payers, state governments, local governments, and client service fees.
- Title X providers play a critical role in our nation's safety net.

Quality Family Planning services include:

- ✓ Contraception, pregnancy prevention, and birth spacing
- ✓ Pregnancy testing and counseling
- ✓ Achieving pregnancy
- ✓ Basic infertility services
- ✓ Preconception health
- ✓ STI screening and treatment
- ✓ HIV testing and referral
- ✓ Related preventive health services (e.g., screening for breast and cervical cancer)
- ✓ Referrals to other health and social services, as needed